

ABOUT ME

At an early age, I recognized the complexities of health insurance. My parents taught me to check in at doctor's appointments on my own and to clarify between primary and secondary insurance. By eighteen, I was submitting out-of-network claims using old-school CMS 1500 forms.

I eventually found myself working in healthcare and unexpectedly drawn to all things insurance. From learning how to appeal denied claims and where to keep up to date on CPT coding guidelines, I dove deep into the world of health insurance. What started as a way to better support patients in my day job grew into an advocacy business.

While completing my Master of Social Work, I continued working with clients on everything from reviewing medical bills to submitting claims and navigating appeals. Today, I specialize in supporting folks seeking gender-affirming care and individuals/families undergoing IVF services, including fertility preservation.

EXPERIENCE

I have 7 years professional experience ranging from patient advocacy for individuals, working for small businesses in the healthcare industry, and healthcare industry research. I've gained first hand training and knowledge on a variety of aspects of health insurance and the healthcare system:

- medical and dental billing and coding
- out-of-network claims submission
- appeals (claims & authorizations)
- prior-authorizations
- policy review; insurance verification and eligibility;
- care coordination
- medical bill negotiations and hospital financial aid

EDUCATION

- **Master of Social Work, Leadership & Social Change**
University of Illinois Champaign-Urbana
- **Bachelor of Arts Dance and Psychology**
Columbia College Chicago